


# Kenny's Pond Social & Wellness Calendar

## January 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 2:00 Mini Manicures (2FL) 3:30 Hot Chocolate with Hazel (MC) 7:00 Movie Night (T) 7:15 Card Club: Crib (GR) <i>New Year's Day</i>	<b>2</b> 10:00 Yoga with Susan (6FL) 2:30 Baking with Chef Laura (MR) 3:00 Movie Matinee (T) 7:00 Pet Therapy(MF) 7:15 Wii Bowling (T)	<b>3</b> 10:30 Music & Movement with Claire (6FL) 11:00 Art Therapy(2FL) 3:00 Trivia Tuesday (MC) 3:15 Anglican Service with Rev. Roger Whalen (T) 7:00 Movie Night (T)	<b>4</b> 10:30 Fitness with Mary (6FL) 11:00 Fitness Training (FC) <b>Bus Outing: Avalon Mall (E)</b> 2:30 Sudoku with Chef Craig (MP) 4:15 Rosary—Legion of Mary (T) 7:00 Movie Night (T) 7:15 Card Club: Bridge(GR)	<b>5</b> 10:30 Body Conditioning with Claire (6FL) 2:00 Word Games (MC) 3:00 Knotty Knitters (6FL) <b>7:15 Don Crewe-Musical Entertainment (MC)</b>	<b>6</b> 10:15 Meditation (6FL) 11:00 Fitness with Mary(6FL) 1:30 <b>Bus Outing: Scenic Drive (E)</b> 3:00 Happy Hour (MC) 7:00 Must See TV- The Golden Girls (T)	<b>7</b> 1:30 Scrabble (GR) 2:30 Choir Practice (6FL) 3:30 Billiards(GR) 7:00 Movie Night (T)
<b>8</b> 3:00 Travelling Hot Treats with Laura (2&3 FL) 3:30 Hot Chocolate with Hazel (MC) 7:00 Movie Night (T) 7:15 Card Club: Crib(GR)	<b>9</b> 10:30 Yoga with Susan (6FL) 1:30 <b>Bus Outing: Dollarama (E)</b> 3:30 Bingo (T) 7:15 Wii Bowling (T)	<b>10</b> 10:30 Music & Movement with Claire (6FL) 11:00 Art Therapy (2FL) 2:30 Catholic Communion (T) 3:00 Trivia Tuesday (MC) 7:00 Movie Night(T)	<b>11</b> 10:30 Fitness with Mary(6FL) 11:00 Fitness Training (FC) 1:30 <b>Bus Outing: Bank Trip(E)</b> 4:15 Rosary—Legion of Mary (T) 7:00 Movie Night (T) 7:15 Card Club: Bridge (MR)	<b>12</b> 10:30 Body Conditioning with Claire (6FL) 2:00 Mind & Brain Games (MC) 3:00 Knotty Knitters (6FL) 7:15 <b>Pure Jam-Musical Entertainment(MC)</b>	<b>13</b> 10:15 Meditation (6FL) 11:00 Fitness with Mary (6FL) 3:00 Happy Hour (MC) 7:00 Must See TV-The Golden Girls (T)	<b>14</b> 1:30 Scrabble (GR) 2:30 Choir Practice (6FL) 3:00 Art with Lesley (MP) 3:30 Billiards (GR) 7:00 Movie Night (T)
<b>15</b> 2:00 Mini Manicures(2FL) 3:00 Travelling Hot Treats with Laura (2&3FL) 3:30 Hot Chocolate with Hazel (MC) 7:00 Movie Night (T) 7:15 Card Club: Crib(GR)	<b>16</b> 10:30 Yoga with Susan (6FL) 1:30 <b>Bus Outing: Bidgoods (E)</b> 2:00 Catholic Mass (T) 3:30 \$2.00 Bingo (T) 7:15 Wii Bowling (T)	<b>17</b> 10:30 Music & Movement with Claire (6FL) 11:00 Art Therapy (2FL) 2:00 Baking with Tracey (MR) 3:00 Trivia Tuesday (MC) 7:00 Movie Night(T)	<b>18</b> 10:30 Fitness with Mary(6FL) 11:00 Fitness Training (FC) 2:00 Resident Meeting (T) 2:30 Sudoku with Chef Craig (MP) 4:15 Rosary – Legion of Mary (T) 7:00 Movie Night(T) 7:15 Card Club: Bridge(GR)	<b>19</b> 10:30 Body Conditioning with Claire (6FL) 2:00 Word Games (MP) 3:00 Knotty Knitters (6FL) <b>7:15 Wayne Shortall - Musical Entertainment(MC)</b>	<b>20</b> 10:15 Meditation(6FL) 11:00 Fitness with Mary (6FL) 1:30 <b>Bus Outing: Scenic Drive(E)</b> 2:30 Men's Club (T) 3:30 Happy Hour (MC) 7:00 Must See TV- The Golden Girls(T)	<b>21</b> 1:30 Scrabble (GR) 2:30 Choir Practice (6FL) 3:30 Billiards (GR) 7:00 Movie Night (T)
<b>22</b> 2:00 Mini Manicures(2FL) 3:00 Travelling Hot Treats with Laura (2&3FL) 3:30 Hot Chocolate with Hazel (MC) 7:00 Movie Night (T) 7:15 Card Club: Crib (GR)	<b>23</b> 10:30 Yoga with Susan (6FL) 1:30 <b>Bus Outing: Walmart (E)</b> 3:30 Bingo (T) 7:15 Wii Bowling (T)	<b>24</b> 10:30 Music & Movement with Claire (6FL) 11:00 Art Therapy(2FL) 2:30 Catholic Communion(T) 3:00 Trivia Tuesday (MC) 7:00 Movie Night(T)	<b>25</b> 10:30 Fitness with Mary (6FL) 11:00 Fitness Training (FC) 1:30 <b>Bus Outing: Shoppers(E)</b> 4:15 Rosary - Legion of Mary (T) 7:00 Movie Night(T) 7:15 Card Club: Bridge(GR)	<b>26</b> 10:30 Body Conditioning with Claire (6FL) 2:00 Words Games(MC) 3:00 Knotty Knitters (6FL) <b>7:15 Me &amp; Da B'ys- Musical Entertainment(MC)</b>	<b>27</b> 10:15 Meditation (6FL) 11:00 Fitness with Mary (6FL) 3:00 Happy Hour (MC) 7:00 Must See TV- The Golden Girls (T)	<b>28</b> 1:30 Scrabble (GR) 2:00 Movie Matinee (T) 3:30 Billiards (GR) 7:00 Movie Night (T)
<b>29</b> 2:00 Mini Manicures (2FL) 3:00 Travelling Hot Treats with Laura (2&3FL) 3:30 Hot Chocolate with Hazel (MC) 7:00 Movie Night (T) 7:15 Card Club: Crib (GR)	<b>30</b> 10:30 Yoga with Susan (6FL) <b>1:30 Bus Outing: Pipers (E)</b> 3:30 \$2.00 Bingo (T) 7:15 Wii Bowling (T)	<b>31</b> 10:30 Music & Movement with Claire (6FL) 11:00 Art Therapy (2FL) 2:00 Baking with Tracey(MP) 3:00 Trivia Tuesday(MC) 7:00 Movie Night (T)	<b>Contacts:</b> <b>Brenda Armstrong</b> Business Development & Social Wellness Manager T: (709) 752-3730 <a href="mailto:Brenda.Armstrong@TiffanyVillage.com">Brenda.Armstrong@TiffanyVillage.com</a> <b>Tracey Bown</b> Recreation Coordinator T: (709)738-1611 <a href="mailto:Tracey.Bown@kennyspondresidence.com">Tracey.Bown@kennyspondresidence.com</a>	<b>Location</b> Main Floor (MF) Multi-Purpose Room (MR) Main Cafe – 1 <sup>st</sup> Floor (MC) Theatre (T) Games Room (GR) 6 <sup>th</sup> Floor Lounge (6FL) Meet at Entrance (E) Fitness Center (FC)		

Please review the Main Lobby Announcement Board and Elevator notices as daily activity programs are subject to change.

Please contact the Recreation Department with any suggestions. We appreciate your feedback.