

A NEW BEGINNING IS RIGHT AROUND THE CORNER



# Kenny's Pond

## RETIREMENT RESIDENCE

Construction is nearing completion, and the staff of Kenny's Pond Retirement Residence are preparing for the building's opening early in 2009.

### Isn't it time you traded your snow shovel for a *New Lease On Life?*

Maybe you've heard there are difficulties finding construction tradespeople in the province? Well, that's not the case at the site of the Kenny's Pond Retirement Residence—it's on track for a much-anticipated opening early in 2009.

"We're very pleased with the work force we have—and the quality of it," says Keith Garrett, project manager for builder ND Dobbin. "There are more than 100 men on site now, and work on the building is right where we would like to have it at this time."

The new six-storey residence is just east of the corner of Portugal Cove Road on MacDonald Drive in St. John's. It will have 122 independent and assisted-living suites in studio, one-, and two-bedroom layouts when it opens its doors early in the new year.

For a preview, visitors can now view a model suite right on the main floor of the building, while workers apply the interior's finishing touches.

"A visit to the furnished model suite makes a big difference when people are imagining moving to Kenny's Pond Retirement Residence," notes Doreen Bennink, VP Operations. "Now they can see the actual

spaciousness and brightness of the rooms, and how the interior finishes of the building will look."

Complementing the well-designed and generously sized units will be attractive dining, entertainment, recreation, and hobby venues and amenities—including a top-floor lounge with a spectacular view of Quidi Vidi and the Narrows. In addition, Kenny's Pond residents will be able to take advantage of a range of optional recreational, cultural, and wellness programs—from tai chi/yoga classes to inter-denominational chapel services to foot-care clinics.

The quality and range of the lifestyle amenities are particularly appealing to seniors reserving independent-living suites—yet all residents will also enjoy the comfort of knowing that medical support is available on-site for personal care services. Not only that, the assisted-living floor right in the building will have 24-hour professional (RN/LPN) staff on duty. "Medical staff on-site provides a tremendous amount of peace of mind for residents," notes Bennink.

## Model Suite Now Open



### Safety and security built right in

Also reassuring is the knowledge that the attention to detail and grasp of seniors' needs and desires extend right through to the bones of the building. According to Chris Samson, a partner with the associate architects on the project, local award-winning firm Sheppard Case Architects, the residence includes such safety features and systems as:

- Emergency generator power for elevators and lighting
- An emergency-response system in every suite and throughout the building
- Exterior door security and a monitoring system that includes security camera surveillance around the building's exterior
- A sophisticated smoke detection, alarm, and monitoring system

One of the leading-edge innovations in the residence will be the use of "hearing assistive technology" (known as HAT). By using this technology—which includes wireless transmission of sound to small headsets or neck loops with T-switches, as well as discreet "pocket talkers"—residents who are hard of hearing will be able to converse easily with staff as well as listen to television or presentations, all in a way that protects privacy and provides personal control of sound levels. Assistive signalling technology (special doorbells or fire alarms, for example) can be provided on request. Staff will also be trained by the Canadian Hard of Hearing Association – Newfoundland and Labrador (CHHA –NL) about how to understand the communication needs of the hard of hearing.

"To my knowledge, this is the first assisted-living residence in the city that has introduced this technology for the hard of hearing," says Leon Mills, the Executive Director of the CHHA–NL.

"We were very pleased to supply advice and information, and applaud their efforts, as using this technology leads to an improved quality of life and reduces social isolation for the hard of hearing."

*All-inclusive  
monthly fee from*  
**\$2400**

\*Suite rental includes three meals and snacks daily, linen and towel laundry, basic utilities, access to all facilities and in-house wellness and activity programs, as well as building and suite maintenance. Safety features, such as the 24-hour emergency-response system, are included with all rentals. Prices vary by suite size and location.

### Flexibility extends to short-term arrangements . . .

One of the hallmarks of Kenny's Pond Retirement Residence is the flexibility residents have to arrange their suites and their services to complement their tastes and their needs. Whether it's how they decorate their rooms or who does their in-home care, Kenny's Pond will explore options for creating a package that suits each resident.

"In the same spirit," says Bennink, "we intend to offer fully furnished suites for short-term stay for seniors who need extra care only for a limited period—while they recuperate from a surgery, for example, or when their family or

care-giving help is on vacation." This "respite option" was created in direct response to a need discovered during conversations with seniors in the community, and will be operational when the residence opens.

### . . . and services extend beyond the residence's doors

Similarly, Bennink and staff identified a desire among seniors to take advantage of Kenny's Pond seniors-care experience without moving into the building. In response, **Signature Living Health Care Services**, a fee-for-service agency operated by the residence, will take its services out to seniors in the community—whether or not they have reserved a suite. These professional services, such as home support, will be offered by nurses and qualified staff beginning in the spring of 2009.

"We're very pleased with the interest and positive response that Kenny's Pond is generating," reports Bennink. "And, of course, we are especially looking forward to opening our doors and welcoming residents in the New Year!"

### Find out more

To learn more about the new residence and its in-house and extension services, drop in to the main-floor office (10:00 to 5:00, Monday to Friday, 10:00 to 4:00 Saturdays, and 12:00 to 4:00 on Sundays). You can also request details by calling (709) 738-1611, or e-mailing [doreen@kennyspondresidence.com](mailto:doreen@kennyspondresidence.com). Additional information is also available on the web site: [www.kennyspondresidence.com](http://www.kennyspondresidence.com).

**Does Kenny's Pond Retirement Residence sound like the kind of place you'd like to work?** Kenny's Pond Retirement Residence and its affiliated Signature Living Health Care Services are now accepting resumés. For details e-mail [doreen@kennyspondresidence.com](mailto:doreen@kennyspondresidence.com)

Opening Soon • Visit our on-sight Information Centre and Model Suite  
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